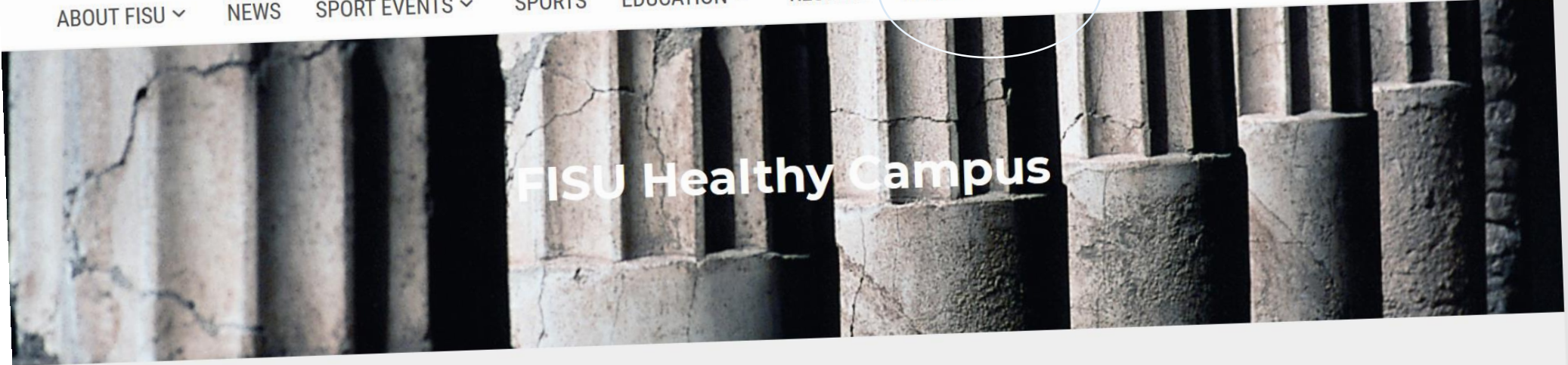







Fernando Parente
FISU Director of Healthy Campus and Universities Relations





Healthy Campus

 The FISU Healthy Campus project is here!

 [Ver mais t...](#)  [Partilhar](#)

Healthy Campus programme functions across six domains; Sport and Physical Activity, Mental and Social Health, Nutrition, Disease Prevention, Risk Behaviour, and Environment, Sustainability and Social Responsibility. The universities will be evaluated on an additional seventh area; their management of the Healthy Campus project.

- 
-  Physical activity and sport
 -  Nutrition
 -  Disease prevention
 -  Mental and social health
 -  Risk behaviour
 -  Environment, sustainability and social responsibility
 -  Management



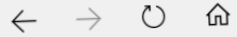
Main Goals

Develop excellence in the scope of well-being for campus communities

Certify Universities in the scope of well-being with an International Label

Share globally the best practices of Universities in the 7 domains of the Healthy Campus

“Improve health and well-being of students” ... and Campus Community



https://www.fisu.net/news/the-much-anticipated-fisu-healthy-campus-project-opens-to-all-world-universities



12 May 2020 | in FISU, FISU Healthy Campus

The much anticipated FISU Healthy Campus project opens to all world universities

- A bespoke platform that enables universities to improve health and wellbeing on campus
- An unprecedented global network of best practices, successful projects and knowledge
- A holistic view of fitness, including mental health, nutrition, social responsibility and sustainability
- 100 projects that universities can develop to obtain the Healthy Campus Label certification





HEALTHY CAMPUS STANDARD



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DEPARTMENT
HEALTHY CAMPUS AND
UNIVERSITIES RELATIONS

RELEASE DATE
MAY 2020



INTERNATIONAL
UNIVERSITY
SPORTS
FEDERATION

LIST OF EXPERTS

The following experts participated in the elaboration of this standardisation scheme

Name	First Name	Country	Organisation
Baldwin	Mark	The Netherlands	Utrecht University
Bazavluk	Sergey V.	Russia	RUDN Moscow
Capranica	Laura	Italy	Università degli Studi di Roma "Foro Italico"
Carty	Catherine	Ireland	Institute of technology Tralee
Carvalho	Joana	Portugal	Universidade do Porto
Dalrymple	Alister	France	Evaleo Association
Dumon	Detlef	Germany	ICSSPE
Farpour-Lambert	Nathalie	Switzerland	European Association for the Study of Obesity
Fitzpatrick	Ian	Australia	University Western Australia, Sport department
Gordin	Emiliano	Argentina	Federación del Deporte Universitario Argentino
Gross	Michael	Switzerland	Evaleo Association
Hogg	Conrad	Australia	UWA Student Guild
Laffin	Mike	United Kingdom	Global Sports Strategies
Luttik	Joke	Netherlands	Wageningen University & Research
Lynen	Peter	Germany	RWTH Aachen University
Machado	Paulo	Portugal	University of Minho
Mahlangu	Nomsa	South Africa	University of Johannesburg
Matthey	Sonia	Switzerland	Université de Lausanne
Messmer	Gabriel	Switzerland	Evaleo Association
Montiel	Pedro	Spain	Universidad de Málaga
O'Sullivan	Erin	USA	NIRSA: Leaders in Collegiate Recreation
Parker	Mel	United Kingdom	Middlesex University
Petruzzi	Sandro	Italy	Università Degli Studi di Torino
Schischlik	Alexander	France	UNESCO
Watts	Pam	USA	NIRSA: Leaders in Collegiate Recreation
Willumsen	Juana	Geneva	WHO, World Health Organization
Yonemura	Akemi	France	UNESCO
Zhonghui	He	China	University of Peking



HEALTHY CAMPUS
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The 100 criteria are divided into.....



2.1. Healthy Campus management (33 criteria)

2.1.1. Context, literature and needs (4 criteria);

2.1.2. Leadership (4 criteria);

2.1.3. Vision strategy and action plan (3 criteria);

2.1.4. Role, responsibilities (3 criteria);

2.1.5. Resources (3 criteria);

2.1.6. Communication (2 criteria);

2.1.7. Stakeholders and network (4 criteria);

2.1.8. Events, programmes and services (5 criteria);

2.1.9. Evaluation and improvement (5 criteria);

2.2. Physical activity and sport (33 criteria);

2.3. Nutrition (8 criteria);

2.4. Disease prevention (7 criteria);

2.5. Mental and social health (8 criteria);

2.6. Risk behaviour (5 criteria);

2.7. Environment, sustainability & social responsibility (6 criteria).

5.2. Physical Activity and Sport

	Criteria	Evidences
34	The university proposes physical activity and sport programmes that consider the specific needs and characteristics of the campus community.	Activity plan (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
35	The university shall determine its own vision, mission and values of physical activity and sport service.	Strategic plan (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
36	The university shall provide a specific budget for physical activity and sport sector.	Report (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
37	The university shall establish a marketing plan for physical activity and sport.	Official Website (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
38	The university's physical activity and sport programmes are developed and piloted by internal team of professionals.	Official Social Network (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
39	The university organises, at least once a year, a first aid course open to people practicing physical activity and sport, to related staff, coaches and trainers.	Programmes (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
40	The university shall have infrastructures for indoor sports. These facilities can be their own or shared with the municipality or clubs of the region.	Physical Activity and Sport Plan (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
41	The university shall have infrastructures for outdoor sports. These facilities can be their own or shared with the municipality or clubs of the region.	Official document (35) Marketing plan (37)
42	The university shall have infrastructures for aquatic sports. These facilities can be their own or shared with the municipality or clubs of the region.	Organisational chart, (38) Job description (38)
43	The university ensures the security of its sports facilities.	Management system, Software, App (45) Map of university infrastructure, location, contact, regulations (40, 41, 42, 43, 44)
44	The university facilitates access and removes potential barriers to accessing sports facilities.	Annual planning with dates of preventive maintenance and curative interventions of sports equipment (43)
45	The university shall use adequate tools to manage the booking of sports facilities and to evaluate their use.	Check list of inspection steps for each infrastructure (43) List of first aid equipment to be made available in the facilities (43)
46	The university offers activities and/or events that allow the campus community to conduct an evaluation of an individual's personal situation in terms of physical activity participation.	Candidature plan (66) Regulations (60, 62)
47	The university supports or organises programmes for gender equality promotion in physical activity and sport.	News (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
48	The university supports or organises programmes of physical activity and sport for people with disabilities.	Film/Photo (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
49	The university supports or organises programmes of physical activity and sport for non-active people of the campus community.	Other (34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66)
50	The university organises programmes of physical activity and sport for the new students.	
51	The university organises programmes of physical activity and sport for the international exchange students.	
52	The university provides physical activity and sport counselling to the campus community.	
53	The university promotes its physical activities and sport to prospective students.	

54	The university promotes its physical activities and sports to alumni of the university.
55	The university organises or collaborates with partners in the organisation of sports events open to the local community.
56	The university organises sports competition within the university.
57	The university or its clubs/students participate(s) at least in one sport in a national university sports competition.
58	The university organises and participates in the organisation of national or international sports events or championships.
59	The university shall use these events as catalyst for the implementation of the Healthy Campus approach and, more generally, healthy lifestyle related activities and programmes.
60	The university offers a dual career programme.
61	The university develops volunteer programmes to support events and sports activities.
62	The university validates the physical activity and sport participation of its students with the attribution of an extracurricular mention on the academic diploma/supplement or integrates sports into the academic curriculum.
63	The university offers outdoor activities (mountain, forest, river, beach, parks).
64	The university promotes and safeguards traditional games and sports.
65	The university offers activities to promote the values of physical activity and sport activity to the campus community.
66	The university applied in the last 3 years for at least one external financial support programme in the field of physical activity and sport.

5.3. Nutrition

Criteria	
67	The university shall name a person (commission) responsible for food
68	The university shall provide among nutrition catering services and meals to the campus community.
69	The catering service of the university of the ingredients and nutrients in regard to the most common allergens
70	The catering service of the university at affordable prices, at least one way same price or even cheaper than others
71	Free drinking water stations are available
72	The university provides nutrition counselling to the campus community.
73	The university shall pursue strategies to reduce the environmental impact of food services and meals.
74	The university ensures that the vendors offer quality products with good nutrition

5.4. Disease prevention

Criteria	
75	The university shall plan, implement and evaluate measures to reduce the risk of non-communicable diseases
76	The university organises at least one programme in terms of non-communicable diseases
77	The university promotes or informs about the benefits of medical check-ups and if relevant complement medical check-ups at affordable prices for students.
78	The university promotes or informs about the benefits of medical care and if relevant complement medical care for students.
79	The university organises a communicable disease prevention programme at least once a year
80	The university provides communicable disease (HIV, etc.) support services.
81	The university promotes or informs about the benefits of medical check-ups and if relevant complement medical check-ups at affordable prices for students.

programme or the training session (73, 70, 77, 78, 79, 80, 81)
Others (75, 76, 77, 78, 79, 80, 81)
List of Products (69, 74)
Information in the dining halls/spaces, or in the entrances (69, 74)
Others (67, 68, 69, 70, 71, 72, 73, 74)

5.5. Mental and social health

Criteria		Evidences
82	The university disseminates information about mental and social health to the campus community.	Activity plan (82, 83, 84, 85, 86, 87, 88, 89) Strategic plan (82, 83, 84, 85, 86, 87, 88, 89)

5.6. Risk behaviour

Criteria		Evidences
90	The university determines applicable rules regarding alcohol, drugs, doping and tobacco issues.	Activity plan (90, 91, 92, 93, 94) Strategic plan (90, 91, 92, 93, 94) Report (90, 91, 92, 93, 94)
91	The university organises prevention programmes in terms of alcohol, drugs, tobacco and doping	
92	The university determines the use of doping.	
93	The university identifies health promotion opportunities	
94	The university identifies bullying and violence against discriminated groups	

5.7. Environment, sustainability & social responsibility

Criteria		Evidences
95	The university shall adopt and implement a policy and information to ensure the campus environment is accessible to the whole campus community (including users of wheelchairs, bicycles, scooters, skates, roller skates).	Activity plan (95,96, 97, 98, 99, 100) Strategic plan (95,96, 97, 98, 99, 100) Report (95,96, 97, 98, 99, 100) Official Website (95,96, 97, 98, 99, 100)
96	The university shall develop partnership plan with external stakeholders to implement social responsibility activities and promote social inclusion and cohesion.	Official Social Network (95,96, 97, 98, 99, 100) Mobility plan (95) Stakeholders list (96)
97	The university should implement a communication policy for the campus community promoting a friendly environmental travel from home to the university and the mobility inside the campus.	Social responsibility plan (96) Sustainability plan (99) Map of locations (95, 98) Photo (95, 96)
98	The university shall plan, implement, evaluate and improve specific actions to reduce its environmental impact and increase the attractive green spaces (parks and sports fields as well as woods and natural meadows) and blue spaces (campus design for visible water: lakes and ponds, fountains, swimming pools) of its campus.	Film (95, 96) News (95,96, 97, 98, 99, 100) Others (95,96, 97, 98, 99, 100)
99	The university shall plan, implement and evaluate specific actions to improve the sustainability and use of infrastructure and resources.	
100	The university shall plan, implement, evaluate and improve specific actions to reduce the energy consumption of facilities and avoid waste as much as possible.	



HEALTHY
CAMPUS

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Email address

f.parente@fisunet

Password

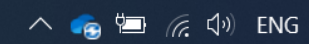
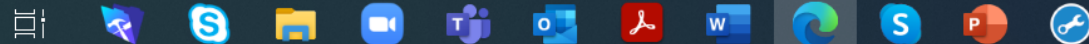
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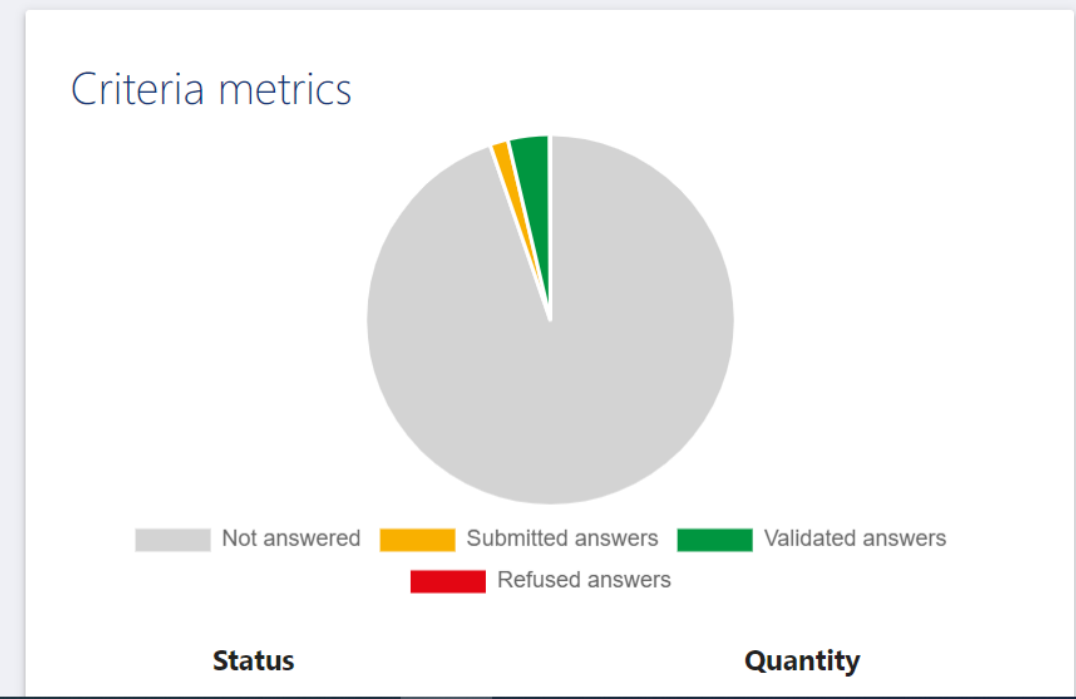
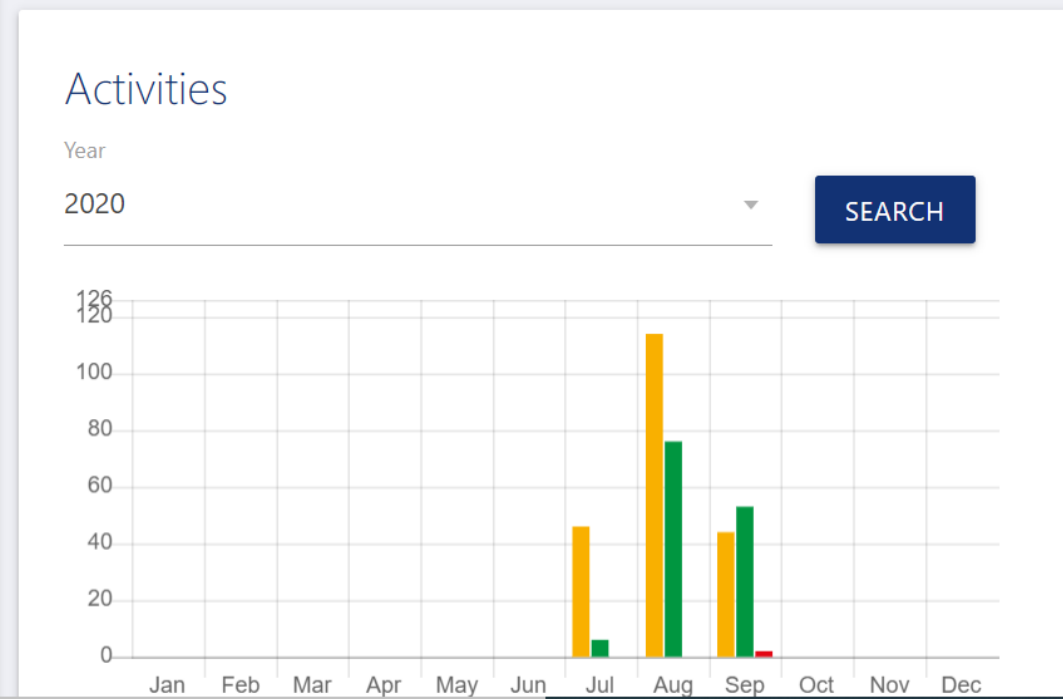
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










5

Dashboard > FISU Healthy Campus

UNIVERSITIES 37	PENDING CRITERIA 59	CERTIFICATIONS 2	PENDING REGISTRATIONS 5
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		King Saud University	RIYADH, 111 - 11362 RIYADH Saudi Arabia	https://ksu.edu.sa/en/	0%	May 21, 2020
		Murdoch University - South St	90 South St, - 6150 Murdoch Australia	https://www.murdoch.edu.au/	0%	Jul 8, 2020
		Myongji University - Social Science Campus	116 Myongji-ro, Cheoin-gu, - 17058 Youngin-si South Korea	https://www.mju.ac.kr/us/index..do	0%	May 20, 2020
		Nagaland University - Lumami	Officer Quarter, Nagaland University (Central), 1 - 798627 Lumami India	https://nagalanduniversity.ac.in/English/	0%	May 23, 2020
		National University of Ireland – University College Cork - UCC	Mardyke Walk, Ferry Lodge - 000 Cork Ireland	https://www.ucc.ie/en/	0%	May 12, 2020
		National University of Singapore - Kent Ridge Campus	Lower Kent Ridge Road, 21 - 119077 Singapore Singapore		0%	Sep 20, 2020
		Peking University	Yiheyuan Road Haidian District, 5 - 100871 Beijing China	https://www.pku.edu.cn/	0%	May 19, 2020
						
						
						
						



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University directory > Universität Luzern - Hochschulsport Campus Luzern (HSCL)



ISCTE - Unive...

Universität L...

Butler Univer...

Universidad ...

National Uni...



Universität Luzern - Hochschulsport Campus Luzern (HSCL)

University
Universität Luzern
Campus name
Hochschulsport Campus Luzern (HSCL)
University name in English
University of Lucerne
Campus name in English
Website
<https://www.unilu.ch/en/>
Assigned auditor
FISU Healthy Campus - Auditor

Address
Sentimatt, 1
6003 - Lucerne
Switzerland
Téléphone
+41 41 229 50 85

SUMMARY

INFORMATION

USERS

CERTIFICATION

CURRENT CERTIFICATION

No one

VALIDATED CRITERIA

9

PARTICIPANT SINCE

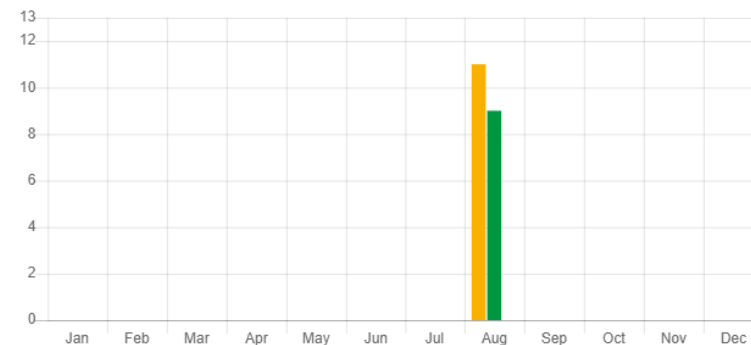
Jul 14, 2020

University activities

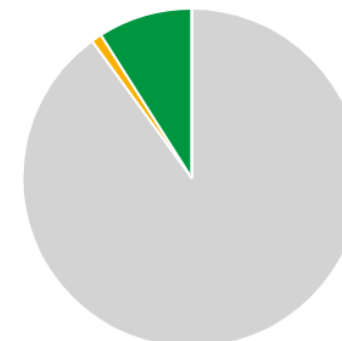
Year

2020




SEARCH



Criteria in figures



Not answered Submitted answers Validated answers Refused answers







ISCTE - Un...






Université...

Butler Uni...

University ...

Universida...



#42	The university shall have infrastructures for aquatic sports. These facilities can be their own or shared with the municipality or clubs of the region.	Validated answer	
#43	The university ensures the security of its sports facilities.	Validated answer	
#44	The university facilitates access and removes potential barriers to accessing sports facilities.	Not answered	
#45	The university shall use adequate tools to manage the booking of sports facilities and to evaluate their use.	Validated answer	
#46	The university offers activities and/or events that allow the campus community to conduct an evaluation of an individual's personal situation in terms of physical activity participation.	Not answered	
#47	The university supports or organises programmes for gender equality promotion in physical activity and sport.	Validated answer	
#48	The university supports or organises programmes of physical activity and sport for people with disabilities.	Validated answer	
#49	The university supports or organises programmes of physical activity and sport for non-active people of the campus community.	Non répondu	

University directory > Universität Luzern - Hochschulport Campus Luzern (HSCL)



Universität Luzern - Hochschulport Campus Luzern (HSCL)

University
Universität Luzern

Campus name
Hochschulport Campus Luzern (HSCL)

University name in English
University of Lucerne

Campus name in English

Website
<https://www.unilu.ch/en/>

Assigned auditor
FISU Healthy Campus - Auditor

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+41 41 229 50 85

SUMMARY INFORMATION USERS CERTIFICATION

CURRENT CERTIFICATION No one 

VALIDATED CRITERIA 9 

PARTICIPANT SINCE Jul 14, 2020 

Position	Criterion	Validation date	Auditor
#43	The university ensures the security of its sports facilities.	Aug 19, 2020	FISU Healthy Campus - Auditor
#42	The university shall have infrastructures for aquatic sports. These facilities can be their own or shared with the municipality or clubs of the region.	Aug 19, 2020	FISU Healthy Campus - Auditor
#41	The university shall have infrastructures for outdoor sports. These facilities can be their own or shared with the municipality or clubs of the region.	Aug 19, 2020	FISU Healthy Campus - Auditor
#39	The university organises, at least once a year, a first aid course open to people practicing physical activity and sport, to related staff, coaches and trainers.	Aug 19, 2020	FISU Healthy Campus - Auditor
#38	The university's physical activity and sport programmes are developed and piloted by internal team of professionals.	Aug 19, 2020	FISU Healthy Campus - Auditor
#40	The university shall have infrastructures for indoor sports. These facilities can be their own or shared with the municipality or clubs of the region.	Aug 18, 2020	FISU Healthy Campus - Auditor
#36	The university shall provide a specific budget for physical activity and sport sector.	Aug 18, 2020	FISU Healthy Campus - Auditor
#35	The university shall determine its own vision, mission and values of physical activity and sport service.	Aug 18, 2020	FISU Healthy Campus - Auditor

- FISU HEALTHY CAMPUS
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- 5
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- Universität L...
- Butler Univer...
- Universidad ...
- National Uni...
- Icons: Briefcase, Document, Calendar, Chat, Plus

#34 The university proposes physical activity and sport programmes that consider the specific needs and characteristics of the campus community.

Validated answer

Validated answer

Validated answer

Submitted answer

Validated answer

Validated answer

Validated answer

Validated answer

Validated answer

Validated answer

Draft

Not answered

Not answered

Details of the answer for the criterion The university shall have infrastructures for aquatic sports. These facilities can be their own or shared with the municipality or clubs of the region.

Questionnaire

Your answer

HSCL rents time slots at Hallenbad Luzern for Swimming, Underwater Rugby, etc.:
https://hscl.unilu.ch/KursLocation/Hallenbad_Allmend/Standort/67/LocRepGuid/692ede4c-e6b1-4889-bdf8-4b60d10d1642/

File upload

Evidences library

Supporting document	Description	File	Version	Updated at	By	Status	Actions
Activity plan						Missing	
Film						Missing	
Map of university infrastructure, location, contact, regulations						Missing	
News						Missing	
Official Social Network						Missing	
Official Website						Missing	
Other/Comments						Missing	
Photos						Missing	

#46 The university offers activities and/or events that allow the campus community to conduct an evaluation of an individual's personal situation in terms of physical activity participation.

FISU HEALTHY CAMPUS LABEL



A new and exciting global initiative launched by FISU for universities, the **FISU Healthy Campus Label** embeds health and well-being into all aspects of campus culture, improving student lifestyle.

Spread across seven domains

- Physical activity and sport
- Nutrition
- Disease prevention
- Mental and social health
- Risk behaviour
- Environment, sustainability and social responsibility
- Healthy Campus Management

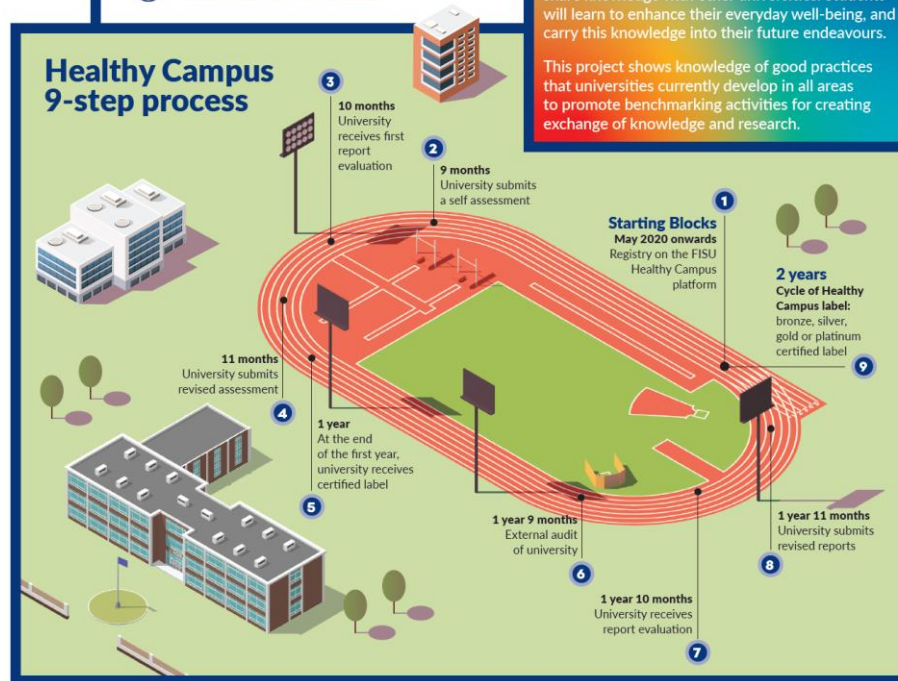


Why should your university participate?

Campuses worldwide can benefit from improved health and well-being of all university students and their communities, while being part of a network to share knowledge with other universities. Students will learn to enhance their everyday well-being, and carry this knowledge into their future endeavours.

This project shows knowledge of good practices that universities currently develop in all areas to promote benchmarking activities for creating exchange of knowledge and research.

Healthy Campus 9-step process



How can universities register and participate in the FISU Healthy Campus programme?

Through www.fisuhealthycampus.sport, universities can access the conditions of participation and a detailed description of the project. The FISU Healthy Campus Label digital platform brings FISU, universities and the Healthy Campus standards to one place.

Join the FISU Healthy Campus Label by creating an account on www.fisuhealthycampus.sport to access criteria, submit evidence and track your progress to obtain this prestigious distinction.

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Healthy Campus 9-step process



- The universities will be ranked according to their score with respect to the criteria, which will be called "Label Status":
 - During the first year of joining the programme, the university receives the status of Certified if it has more than 39 validated criteria:
 - After the second year in the programme, the university receives the following status depending on the number of validated criteria
 - Certified: 40-50 criteria validated;
 - Certified Bronze: 51-65 criteria validated;
 - Certified Silver: 66-80 criteria validated; and at least 1 for each of the domains;
 - Certified Gold: 81-90 criteria validated; and at least 2 for each of the domains;
 - Certified Platinum: 91-100 criteria validated; and at least 3 for each of the domains;

Better Universities with better prepared generations
Better Well-Being
Better World



2020



Healthy Campus Programme is aligned with SDGs 2030 established by the UN to build a better world for people and our planet, as well the guidelines of the Kazan Action Plan (UNESCO) and the Global Action Plan on Physical Activity 2018- 2030 (WHO).

Investigation, Recommendations, Good Practices, Benchmarking...

